

EVERGREEN COMMUNITY CHARTER SCHOOL CURRICULUM

Course: Physical Education

Grade: 6-12

PA State Standards	Methods/Materials	Assessment
<p>10.4.6-12 - Physical Activity</p> <p>10.5.6-12 - Concepts, Principles and Strategies of Movement</p>	<p>Resources: Pdesas.org</p> <p>Students will participate in a variety of lifetime sports and activities. Each unit covers approximately 6 weeks.</p> <ul style="list-style-type: none"> • Hiking • Basketball • Horseback Riding • Archery • Bowling • Skiing/Snowboarding • Dance • Yoga • Zumba • Swimming • Ice Skating • Mountain Biking • Volleyball • Kickball • Rollerblading • Rock Climbing • Fitness • Ping Pong <p>Instruction includes, but is not limited to</p> <ul style="list-style-type: none"> • Techniques • Rules of Play • Scoring • Strategy of play • Vocabulary words • Demonstration 	<p>Observation Participation Cooperation</p>